



# Podiatry

## Caring for your foot health

**Podiatry plays a vital role in supporting your foot health. Our experienced podiatrists assess, treat and support a wide range of foot and lower limb conditions to help you maintain mobility and wellbeing.**

Whether you're dealing with chronic pain or general discomfort, our team is here to provide tailored treatment plans to help you move with confidence and comfort.

### **You may benefit from seeing a podiatrist if you have:**

- Skin and nail issues (fungal infections, ingrown toenails, corns)
- Chronic diseases (arthritis, diabetes)
- Foot pain.

Looking after your feet is essential for your overall wellbeing. Our podiatrists are dedicated to keeping you comfortable and mobile.

They do this by providing:

- Advice and education on footwear
- Strategies to improve pain
- Help to restore mobility
- Support to improve your quality of life.

### **What does it cost?**

We offer podiatry services through Support at Home and the Commonwealth Home Support Programme, as well as private services.

### **Why choose VMCH?**

- Compassionate and qualified team
- Trusted by older Victorians across the state
- Culturally safe and inclusive service.

We take a respectful, coordinated approach that puts your goals first.



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**VMCH**